

## Souper Rice

- 1 can (10 3/4 oz) cream of chicken soup (can use 98% fat free)
- 1 1/2 cups chicken broth
- 1 1/2 cups uncooked instant white rice
- 1/4 cup grated Parmesan cheese (green can)
- dash freshly ground black pepper



1. Heat the soup and broth in a 2-quart saucepan over medium-high heat to a boil.
2. Stir the rice, cheese and pepper in to the saucepan. Cover the pan and remove from heat.
3. Let stand for 5-8 minutes, until rice is cook and most of the liquid is absorbed.